

THEME SONG

YOU CALLED ME BY NAME

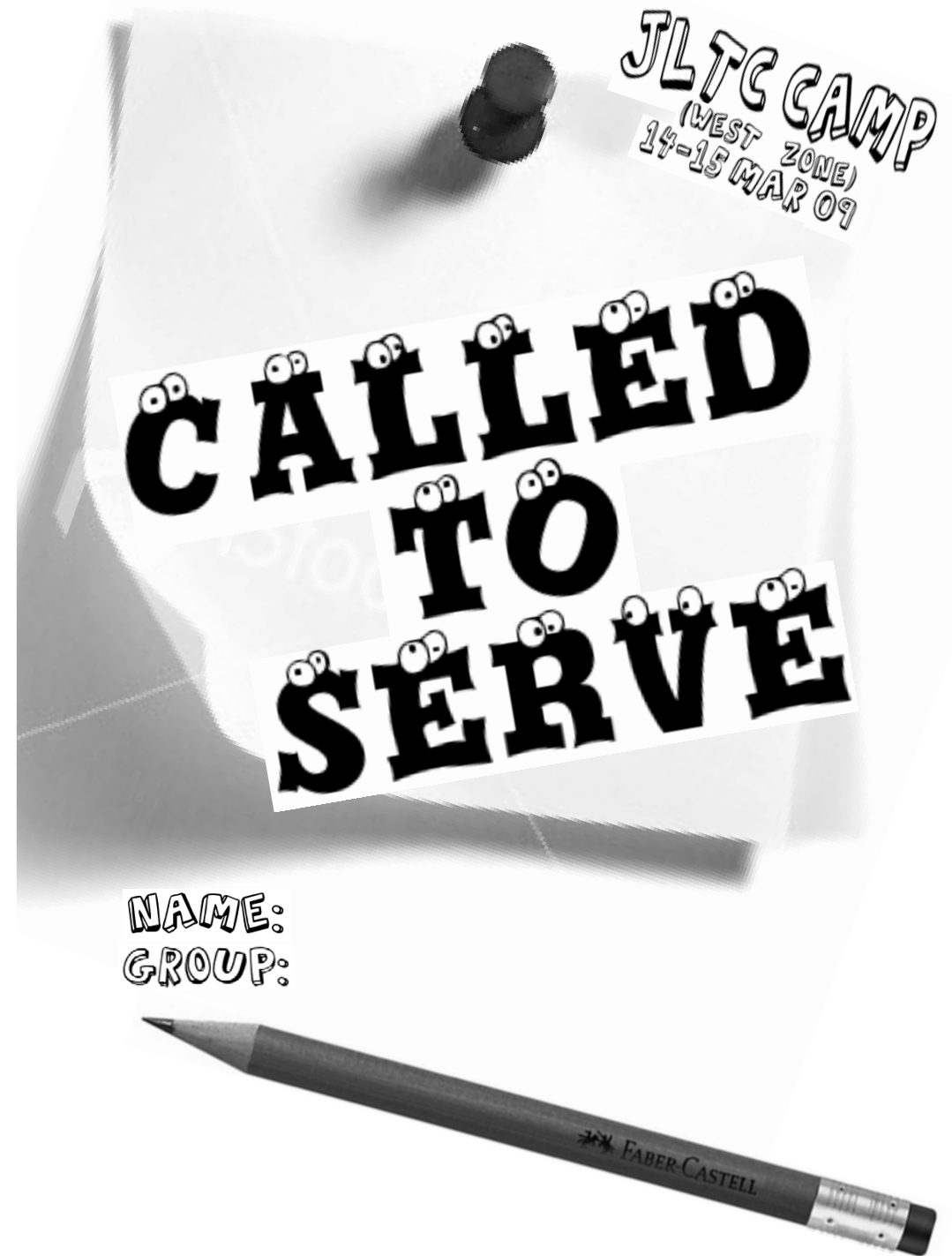
When I consider the work of Your fingers
The sun and the stars, the land and the sea
I start to wonder, Almighty Creator
Just why You would ever take thought of me

Chorus:

*For You have called me by name
You are acquainted with all of my ways
Bought by Your blood, drawn by Your love
I am Your dwelling place
For You have called me Your friend
Showing me favor, again and again
I'm set apart, dear to Your heart
You call me by name*

All of creation was made for Your pleasure
The sun and the stars, the land and the sea
But, by Your grace, You have given me favor
With You I will reign for eternity

Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms. If anyone speaks, he should do it as one speaking the very words of God. If anyone serves, he should do it with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen.





CAMP COMMANDANT MESSAGE

Dear Junior Leaders,

Firstly, allow me to welcome all of you to the Junior Leadership Training Camp 2009!

This year, the theme for our camp is "Called to serve". Being involved in two other JLTC camps previously, one in 2006 and another in 2007, I cannot help but to comment that this year's camp theme is the best! Just three simple words – Called to serve, yet it embodies the very fundamental and basic reason why you and I are here in this camp. You could have spent these two days comfortably and leisurely at home, resting as much as you want, watching TV, surfing the internet, updating your blog and Facebook or doing any other things that you enjoyed, however, you have made a choice to come for this camp, to learn and to train yourself up to be a servant leader. Praise the Lord!

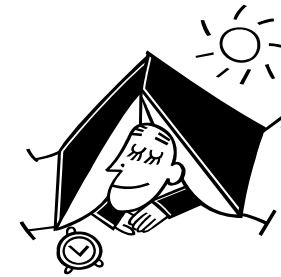
Why servant leader? You might ask. What's so special about being a servant leader? You might ponder. Can't I just be a leader? You might wonder. If these are some of the questions that you are asking, then think about the following questions:-

Who are you? Why would your peers want to listen to you? Just because you are a squad leader, a prefect, a monitor, so they have to follow your instructions and take your orders?

MORE FRIENDS!



NEW FRIENDS!



So what exactly make a leader effective? What are the pull factors that bring people want to follow and listen to their leaders willingly? As we unwrap our camp programme in the next two days, you will learn about the heart of a leader, the attitude that a leader should possess in order to gain support from her followers. It is definitely my heart's desire to see all of you leaving the camp with a new understanding about leadership.

Last but not least, I would like to take this opportunity to thank all officers and VALs who had taken time out from their busy schedule to sit in the planning committee. It is definitely a fruitful experience for me to work together with all the officers and VALs. This camp would not have been possible if not for this wonderful team that I am working with.

May this two-day camp be a blessing to all who have been called to serve!

Mrs Cindy Low
Camp Commandant
Girls' Brigade 76th Coy
JLTC 2009

CAMP COMMITTEE

Chaplain: Mr Chong Wong Mui

Camp Commandant	Cindy Tiong (76 th)	
Secretary	Grace Yao (14 th)	
Registrar	Lau Se Ping (51 st)	Joyce Ng (66 th)
Treasurer	Juliet Ang (12 th)	
Devotion Coordinator	Joyce Ng (66 th)	Lau Se Ping (51 st)
Logistics Coordinator	Jeanie Liew (80 th)	Joanne Liow (80 th)
Camp Nurse/ Photographer	Grace Yao (14 th)	Lau Se Ping (51 st) Shirley Yeo (59 th)
Recreation Coordinator	Grace Yao (14 th)	Ng Jiamin (1 st) Dawn Tan (30 th)
Quarter Mistress	Claire Ling (1 st)	Delice Lim (43 rd)
Session Coordinator	Cindy Tiong (76 th)	Celine Chan (76 th)
Drill Coordinator	Ng Jia Min (1 st)	

8 shine Jesus shine

Lord the light or your love is shining,
In the midst of the darkness shining,
Jesus light of the world shine upon us,
Set us free by the truth you now bring us,
Shine on me. shine on me.

Shine Jesus shine
Fill this land with the father's glory
Blaze, spirit blaze,
Set our hearts on fire
Flow, river flow
Flood the nations with grace and mercy
Send forth your word

Lord and let there be light.
Lord I come to your awesome presence,
From the shadows into your radiance,
By the blood I may enter your brightness,
Search me, try me, consume all my darkness,
Shine on me. shine on me.

As we gaze on your kindly brightness.
So our faces display your likeness.
Ever changing from glory to glory,
Mirrored here may our lives tell your story.
Shine on me. shine on me.

(7) What a friend we have in Jesus

What a Friend we have in Jesus, all our sins and griefs to bear!
What a privilege to carry everything to God in prayer!
O what peace we often forfeit, O what needless pain we bear,
All because we do not carry everything to God in prayer.

Have we trials and temptations? Is there trouble anywhere?
We should never be discouraged; take it to the Lord in prayer.
Can we find a friend so faithful who will all our sorrows share?
Jesus knows our every weakness; take it to the Lord in prayer.

Are we weak and heavy laden, cumbered with a load of care?
Precious Savior, still our refuge, take it to the Lord in prayer.
Do your friends despise, forsake you? Take it to the Lord in prayer!
In His arms He'll take and shield you; you will find a solace there.

Blessed Savior, Thou hast promised Thou wilt all our burdens bear
May we ever, Lord, be bringing all to Thee in earnest prayer.
Soon in glory bright unclouded there will be no need for prayer
Rapture, praise and endless worship will be our sweet portion there.



CAMP RULES

1. Campers **must respect** the camp all camp personnels as well as your fellow camp mates.
2. Be **punctual** for all activities.
3. Always **dress appropriately** at all times. No slippers/sandals are allowed except when showering.
4. Always **observe** lights out punctually.
5. Campers **must participate** in all activities enthusiastically unless unwell.
6. Campers are **responsible** for their personal belongings.
7. Each camper is **responsible** to inform officers of any illness/injury.
8. Each camper is **responsible** for her own conduct/speech. No violence/vulgarity will be tolerated.
9. Campers **must follow** all given instructions.
10. Campers **must stay** in the campsite unless permitted by the camp commandant.
11. Campers should **reserve water** to the best of their ability when bathing.
12. Do **not waste** food.
13. Campers **must greet** officers/facilitators/helpers accordingly.
14. Campers **are not allowed** to use mobile/public phone unless permission is granted by the camp commandant.
15. Be friendly & **get to know** the other campers well.
16. **Response** to all whistle calls at all times.

GROUPS

TOPAZ	
Joy Li (Leader)	66
Cheng Woon Jo	1
Faith Mun	1
Gabrielle Cheong	1
Audrey Chan	30
Tseng Yean Tyng	30
Celine Wong	51
Koh Shi Hui	51
Luvanya	66
Briana Ng	76
Yong Ming Xuan	76
JEANIE LIEW	Officer

SAPPHIRE	
Ashley Lim (Leader)	1
Louisa Fung	1
Pek May Anne	1
Mindy Leoh	12
Yeo Xuan Ning	12
Li Si Hui	51
Li Zi Xin	51
Regina Teo	76
Deborah Koh	76
Amanda Chia	80
Augie Pan	80
JOYCE NG	Officer

EMERALD	
Yu Si Yue (Leader)	51
Sandra Teo	1
Stephanie See	1
Zayniell Zhen Li	1
Caitlin Park	14
Yek Xioa Ling	14
Lim Xin Yi	14
Bernice Lee	51
Sarah Tan	51
Aw Hui Ling	80
Chin Ying Jie	80
LAU SE PING	Officer

RUBY	
Chew Yi Xinn (Leader)	12
Kimberly Tan	1
Natasha Chang	1
Bong Ru En	12
Jowell Low	66
Rena Wong	66
Belinda Chong	76
Cherith Lim	76
Christina Low	80
Chua Yi Lin	80
Gladys Teiw	80
CELINE CHAN	Officer

(5) All that I am

All that I am, all that is me
 All that I've ever wanted to be
 All that I've said, all that I've done
 Lord I give now, all to your Son

All that I say, all that I do
 Lord, my desire is to glorify you
 All that you say and you purpose to be
 Lord, might be reveled through Jesus in me

(6) He will carry you

There is no problem too big
 God cannot solve it
 There is no mountain too tall
 God cannot move it

There is no storm too dark
 God cannot calm it
 There is no sorrow too deep
 He cannot soothe it

If He carried the weight of the world upon His shoulders
 I know my brother that He will carry you
 Oh, if He carried the weight of the world upon His shoulders
 I know my sister that He will carry you

He said "Come on to me all who are weary
 And I will give you rest, rest, rest, rest"

(4) Here I am to worship

Light of the world,
You stepped down into darkness.
Opened my eyes, let me see.
Beauty that made this heart adore you
Hope of a life spent with you

And here I am to worship,
here I am to bow down,
here I am to say that you're my God
You're altogether lovely,
altogether worthy,
altogether wonderful to me.

King of all days, oh, so highly exalted.
Glorious in heaven above.
Humbly you came
to the earth you created
All for love's sake became poor.

And here I am to worship
Here I am to bow down
Here I am to say that you're my God
You're altogether lovely.
altogether worthy,
altogether wonderful to me.

ONYX	
Vanessa Goh (Leader)	76
Grace Tan	1
Noelle Woon	1
Lim Si Ying	12
Maple Lim	12
Charmaine Chan	30
Sherill Goh	30
Jamie Leong	43
Parvatha	43
Verlin Tan	76
Grace Tan	80
Jocelyn Lim	80
DAWN TAN	Officer

JASPER	
Lin Xin Er (Leader)	80
Janjoy Ong	1
Sarah Siteo	1
Grace Lim	12
Hau Bin Xin	12
Emily Woo	43
Jadyn Teo	43
Ana Samantha	51
Santhiya	51
Melinda Irwan	76
Premela Darshana	76
Matilda Teo	80
JULIET ANG	Officer

DUTY ROSTER

Meal Duty

Day 1 (14 Mar 2009)		Day 2 (15 Mar 2009)	
Lunch	Topaz	Breakfast	Ruby
Supper	Sapphire	Lunch	Onyx

Cleaning Duty

Canteen	Sapphire & Ruby
Corridor	Topaz
Field	Onyx
Toilet 1	Emerald
Toilet 2	Jasper

Sleeping Allocation/Shower Area

Shower area	Toilet 1	Shower area	Toilet 2
Room 1	Topaz	Room 4	Ruby
Room 2	Sapphire	Room 5	Onyx
Room 3	Emerald	Room 6	Jasper

SONGS

(1) I'm inright, outright, upright, downright happy all the time.

I'm inright, outright, upright, downright happy all the time.
 I'm inright, outright, upright, downright happy all the time.
 I'm inright, outright, upright, downright happy all the time.
 Since Jesus Christ came in, and cleansed my heart from sin.
 I'm inright, outright, upright, downright happy all the time

(2) Hallelu, Hallelu, Hallelu, Hallelujah!

Hallelu, Hallelu, Hallelu, Hallelujah!
 Praise Ye the Lord!
 Hallelu, Hallelu, Hallelu, Hallelujah!
 Praise Ye the Lord!

Praise Ye the Lord, Hallelujah!
 Praise Ye the Lord, Hallelujah!
 Praise Ye the Lord, Hallelujah!
 Praise Ye the Lord!

(3) He's the Lord of the Sunshine

He's the Lord of the Sunshine,
 the Lord of the rain,
 He's the Lord of the good times,
 the Lord of the pain.
 He's the Lord of the mountains,
 the Lord of the seas,
 He's the Lord of the music,
 the Lord of the children,
 the Lord of YOU & ME!

PROGRAMME

Leading Games (Executing) -
What to look out for?

- ↳ **Setting up**
- > **Getting the Logistics ready**



Leading Games (Executing) -
What to look out for?


- ↳ **Visibility**
- > **Check visibility**


Players can understand how to play the game more easily through demonstrations.

Leading Games (Executing) -
What to look out for?

- ↳ **"Don't be embarrassed" attitude**
- > **Be loud**
- > **Be confident**
- > **Be an encourager**



Time	Saturday, 14th Mar 09
0800 - 0830	Registration
0830 - 0930	Orientation /Briefing / Ice Breaker
0930 - 1030	Devotion
1030 - 1230	Drill
1230 - 1330	Lunch
1330 - 1530	Session – Team building
1530 - 1630	Group Time
1630 - 1830	Survival Cooking 
1830 - 1930	Shower
1930 - 2030	Devotion and Singspiration
2030 - 2230	Special Night
2230 - 2300	Reflection & Supper
2300	Lights Off

Time	Sunday, 15th Mar 09
0700 - 0730	Rise and Shine
0730 - 0800	 By Recreation Committee
0800 - 0830	QT
0830 - 0900	Breakfast
0900 - 1000	Devotion and Singspiration
1000 - 1200	Session – Squad management
1200 - 1300	Lunch
1300 - 1500	Session – Leading Songs and Games
1500 - 1630	Area Cleaning
1630 - 1730	Round Up/ Vesper / Dismissal
1730 - 1800	Home Sweet Home

QUIET TIME

THEME Using our God-given talents

READ

For everyone who has will be given more, and he will have an abundance. Whoever does not have, even what he has will be taken from him.
Matthew 25:29

The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body.
1 Corinthians 12:12

A very wealthy man was going to go on a trip. He called his three servants together and told them: "I would be gone for a long time and am leaving the three of you in charge of my wealth." To the first servant, he gave five talents, to the second servant, two talents and to the third servant, one talent.

The first servant took the five talents his master had given him and put it to work and earned five more talents. The second also invested his two talents wisely and earned two more talents. The third servant took his one talent and buried it in the ground for safe keeping.

When the master returned, he was very pleased when the first two servants told him that they had doubled his money. "Because you had been faithful with what I have given you, I will give you much more," He said

Leading Games (Planning) - What to look out for?

- Logistics for the game session
 - List down the logistics needed
 - State the quantity needed
 - Check availability of logistics
 - Transportation
 - Weather
 - Time

Try to use as little logistics as possible.

Leading Games (Planning) - What to look out for?

- Venue for the game session
 - games
 - games
 - games

Check availability of venue

Game 1: Walk through

1. Tolerant individuals stand in a circle with their feet touching each other's.
2. The opposition to cut, to cut the left, through the legs of the person walking up the circle.
3. FORMED ON THE LEGS TO SPREAD THE LEFT
4. When the left does through, the player is out.

Use diagrams: - Show the layout of the game

Game 1: Walk through

Use diagrams: - Explain the game

1 Foot soldier
2 Gaining
3 Corner/Back
4 Walking
5 Forks

Objective of Game
To see if he receives a ball to other side

Venue
Flat area square

Age 10+

Duration
10-15 mins

Group Size
10

Equipment

Instructions should be: - Simple & clear - in point form

Leading Games (Planning) - What to look out for?

- Important points to note:
 - assessment
 - exam

**Leading Games (Planning) -
What to look out for?**

↳ _____ of the game session

The objective will affect the _____ of games chosen for the session.



**Leading Games (Planning) -
What to look out for?**

↳ **Objective of the game session**


- > _____
- > _____
- > _____
- > _____



**Leading Games (Planning) -
What to look out for?**

↳ _____ of the game session

The duration will affect the _____ of games to be played during the session.



**Leading Games (Planning) -
What to look out for?**

↳ **Duration of the game session**

- > _____
- > About 5 min per game
- > About 20 min per game
- > About 30 min per game
- > About 5 min per game



**Leading Games (Planning) -
What to look out for?**

↳ _____ of girls playing in a game

The number of girls playing in a game will affect the _____ of the game.



**Leading Games (Planning) -
What to look out for?**

↳ **Number of girls playing in a game**

- > _____ number of girls
- > _____ number of girls
- > _____ number of girls

"How about you?" he asked the third servant.

The third servant replied his master, "I knew that you were a hard man and I was afraid, so I went out and hid your treasure in the ground so that it would be safe. See, here it is."

The master was angry. "You are a wicked and lazy servant. You could have at least put my money in the bank where it would earn more." He then took the one talent from the lazy servant and gave it to the one who had ten talents.

QUESTIONS

(1) In the parable 'talents' refers to money but it could well refer to any kind of resource we're given, such as time or gifts. What talents or gifts do you have? List down at least three of them



(2) Why is it important to use our talents? Why does God give us different talents?



(3) Write down two ways in which you can use your talents to serve your GB company and at home. Try fulfilling them in the new week ahead!



SESSION NOTES

Team Building



Importance of Teamwork

- Improve _____
- Tap on the _____ & _____ of individuals



Leading Songs (Executing) - What to look out for?

- ↳ **Setting up**
- ↳ **Getting the lyrics ready**
 - ↳ Get up quickly! Don't fiddle!



Leading Songs (Executing) - What to look out for?

- ↳ **Setting up**
- ↳ **Getting the music ready**
 - ↳ Get the music downloaded
 - ↳ Make sure playback cable is connected
 - ↳ Make sure speakers are on
 - ↳ Adjust speaker volume
 - ↳ Test visual aid, USB drive, etc.



How to be an Effective Team Player?

- **As a Leader**
 - Give _____ instructions
 - Practice _____ listening
 - Be _____
 - Be _____
 - Be open to _____ & _____



How to be an Effective Team Player?

- **As a Follower**
 - Submit to _____
 - Be _____
 - Be _____ in your feedback



Leading Songs (Executing) - What to look out for?

- ↳ **Visibility**
- ↳ **Check visibility of lyrics**
 - ↳ Can everybody see the lyrics?



Leading Songs (Executing) - What to look out for?

- ↳ **Visibility**
- ↳ **Check visibility of actions (For fun & action songs)**
 - ↳ Can everybody see the actions that you are doing?
 - ↳ Monitor visibility of your actions


Importance of Communication

- **To bring across one's ideas and opinions** _____
- **To avoid** _____
 - Misunderstanding will lead to conflicts within the team




How to Resolve Conflicts

1. Present the issue without _____ or _____
 - Speak in first person



Leading Songs (Executing) - What to look out for?

- ↳ " _____ " attitude
- ↳ Be _____
- ↳ Be _____
- ↳ Be an _____



Bonus!!

- ↳ **Adding Variety to the singspiration**
- ↳ _____
- ↳ _____
- ↳ _____
- ↳ _____



SESSION NOTES

Leading Songs & Games



Leading Songs (Planning) - What to look out for?

↳ _____ of the singspiration

The objective will affect the _____ of songs chosen for the session.

How to Resolve Conflicts

2. Ask for the opposing party's point of view, and listen _____ so that you fully _____ her needs.

- Listen w/ judgmentally

How to Resolve Conflicts

3. Explain your point of view _____, and make sure the other person _____ it as well.

Leading Songs (Planning) - What to look out for?

↳ Objective of the singspiration

> For _____

> _____ songs

> _____ songs

To sing fun & action songs, remember - Plan the actions

> To _____

> _____ songs (Solo songs)

> _____ songs (First songs)

Leading Songs (Planning) - What to look out for?

↳ _____ of the singspiration

The duration will affect the _____ of songs to be sang during the session.

How to Resolve Conflicts

4. _____ develop an objective to which _____ of you can agree.

How to Resolve Conflicts

5. Brainstorm for as many _____ as possible and select the _____ solution.

- Test solution using that has the highest chance of meeting both parties' needs

Leading Songs (Planning) - What to look out for?

↳ Duration of the singspiration

> For _____

> About 7 min per song

> For _____

> About 20 - 25 min per song

(5 - 20 min w/ singing the whole song, 5 min for (singing the whole)

Leading Songs (Planning) - What to look out for?

↳ _____ for the singspiration

> To show _____

> First part songs

> To play _____

> CD

> Quality (time of efforts are playing)

SESSION NOTES

Squad Management



What is leadership?

Duties as a Squad Leader

1. Perform administrative tasks
 - Collection of forms, payment, etc

Duties as a Squad Leader

1. Perform administrative tasks
 - updating contact details of squad members

What is a leader?

A person of _____ to others

Qualities of a Leader

- + _____ of a _____ leader
- + Act of _____
- + _____
- + _____
- + Love the * _____

Duties as a Squad Leader

2. Delegation of duties
 - Tapping on the strength of others
 - Empowering others
 - More ownership
 - Better squad participation

Duties as a Squad Leader

3. Giving feedback (both positive & negative) to Captains & Officers regarding squad
 - Attendances
 - Behaviours
 - Conflicts

Jesus as a Servant Leader

Mark 10: 45

For even the Son of Man **did not come to be served, but to serve**, and to give His life as a ransom for many

Duties as a Squad Leader

1. Perform administrative tasks
 - Marking attendances

I	O	⊕	⊙
Prisat	Abisat	Let	Abisat With Ex on i

Check for BC or Person's letter the following week.

Duties as a Squad Leader

3. Giving feedback (both positive & negative) to Captains & Officers regarding squad
 - issues with squad management (e.g. cliques)
 - Identifying of potential leaders

REMEMBER!!

1 Peter 5:3

Do not try to rule over those who have been put in your care, but **be examples** to the flock.